

# Seed Starting Workshop:

## A chance to reconnect!

**WHEN:** Wednesday, **March 19**, 2008 at 7:00 p.m.  
**Please register** by calling (613) 233-2317, ext. 3000  
\*Please note that there is limited space—**first come, first served.**

**WHERE:** **Centretown Community Health Centre**  
420 Cooper St (between Kent and Bank)  
Program Room (Room 208)

### WHAT TO EXPECT:

- a seed starting demonstration
- a question and answer period with our guests
- the chance to reconnect with fellow BUGs gardeners
- an update regarding progress on our quest for land to garden this summer

**COST:** \$5.00 or pay what you can

**WHAT TO BRING:** We will provide seeds for three different vegetables, as well as the materials to start them.

If you are **interested in volunteering** please call and leave a message on the BUGs information line:  
(613) 233-2317, ext.3000

