



Beginner Organic Vegetable Gardening Workshops

Brought to you by **Just Food**

Wed., April 29th (5:30 – 8:00 p.m.)

Sandy Hill Community Health
Centre
221 Nelson Street
Call Valerie 613-244-2804 to
reserve your spot

Thurs. April 30th (6:30 – 9:00 p.m.)

Orléans-Cumberland Community
Resource Centre
211-210 Centrum Blvd., Orléans
Call Nicole at 613-830-4357 x242
to reserve your spot

Tues., May 5th (5:30 – 8:00 p.m.)

Somerset West Community
Health Centre
55 Eccles Street
E-mail Emilie at
ehayes@swchc.on.ca to reserve
your spot

Wed., May 6th (6:00 – 8:30 p.m.)

Michèle Heights Community
Centre
2955 Michele Drive
Call Russ at 613-829-4353 to
reserve your spot

Tues., May 12th (6:30 – 9:00 p.m.)

Carlington Community Health
Centre
900 Merivale Road
Call Helen at 613-722-4000 x322 to
reserve your spot

Thurs., May 14th (6:30 – 9:00 p.m.)

St. Mary the Virgin Parish House
2672B Innes Road, Blackburn
Hamlet
Call Terri at 613-236-9300 x309 to
reserve your spot

Cost of Workshop is \$5.00 or Pay What You Can

Garden Guides will be available for \$4.00 or download
your copy for FREE at www.justfood.ca

For more information about these workshops, please call Just
Food @ 613- 236-9300 x309 or e-mail
communitygardening@justfood.ca



*** Please register at the location where you will be attending the workshop ***